

# YOUTH DANCE PROGRAM 2015-2016 CLASS DESCRIPTIONS

Ages are recommendations only; the teacher has the final say in level placement.

Note: Classes with less than 5 students enrolled are subject to cancellation

## Menomonee Club Membership is \$80 individual/ \$140 family (valid for 12 months)

FALL SESSION: September 6<sup>th</sup> – December 4<sup>th</sup>, 2016 [No classes November 22<sup>nd</sup> – 27<sup>th</sup>, 2016]

WINTER SESSION: December 5<sup>th</sup>, 2016 – March 12<sup>th</sup>, 2017 [No classes December 19<sup>th</sup>, 2016 – January 1<sup>st</sup>, 2017]

SPRING SESSION: March 13<sup>th</sup> – June 4<sup>th</sup>, 2016

### **Ballet**

Ballet is the basis for all forms of dance. Students will learn ballet technique including positions, proper alignment, conditioning, and terminology.

#### Ballet I

The young Ballet I dancer will develop poise and musicality and will acquire a foundation in the movement vocabulary, French terminology, and etiquette of this elegant dance form. By incorporating detailed head and arm positions, young dancers will be challenged and encouraged to develop coordination and musicality of the whole body in movement.

DRESS CODE: pink ballet slippers, pale blue leotard, pale pink footed or convertible tights, hair in a bun

North Studio Wednesday 5:30-6:30 pm Ages 5-9

Member: \$250 / Non Member \$295

#### Ballet II/III

The Ballet II/III student will acquire a higher level of technical skill, musical awareness and understanding, and will incorporate more vocabulary of steps at the barre, in center, and across the floor. Students will develop a more extensive awareness of body alignment, placement and poise in this elegant and historic dance form.

DRESS CODE: pink ballet slippers, forest/hunter green or burgundy leotard, pale pink footed or convertible tights, hair in a bun

North Studio Tuesday 4:30-5:30 pm Ages 8-12

Member: \$250 / Non Member \$295

#### Ballet III/IV

This class is an important next step for the more advanced dancer to develop and grow their technique, placement, and alignment. Ballet III/IV will enhance the dancer's ability to learn ballet phrasing at a more efficient and effective pace, to demonstrate via verbal cues, and to continue their growth in musicality and discipline.

DRESS CODE: pink ballet slippers, burgundy leotard, pale pink footed or convertible tights, hair in a bun

North Studio Monday 5:45-7:00pm Ages 11-16

Member: \$265 / Non Member \$310

#### **Ballet IV with Pre-Pointe**

With Pointe work incorporated into this class offering, the advanced ballet dancer must pass certain criteria determined by our professional instructors, such as amount of strength in the legs, torso, and ankles. Pointe shoes are required for this class and the first fitting must be approved by the instructor.

DRESS CODE: pink ballet slippers, black leotard, pale pink footed or convertible tights, hair in a bun

North Studio Thursday 5:15-6:30 pm Ages 13-18

By Teacher Recommendation Only Member: \$265 / Non Member \$310

#### Modern

Modern dance is a term usually referring to 20th-century concert dance. Modern dance refuses classical ballet's stress on feet as the primary catalyst for dance movements. It, instead, puts emphasis on torso employing such elements as contact-release, floor work, fall and recovery, and improvisation. It is usually performed in bare feet, often with non-traditional costuming.

#### Modern I/II

Students will learn the basics of Modern dance technique and develop an understanding of spacial awareness combined with individual self-expression.

DRESS CODE: bare feet, solid color leotard/tank/fitted t-shirt, black leggings, tights, bike shorts, or jazz pants, hair off of face.

North Studio Wednesday 6:30-7:30pm Ages 7-12

Member: \$250 / Non Member \$295

#### **Modern III/IV**

Modern III/IV technique will continue to develop skills from Modern I/II, while beginning to integrate the mind, body, and artistic connection through movement. This class will focus on classical modern techniques ranging from Limon, Taylor, Graham, and Horton. Previous dance experience required.

DRESS CODE: bare feet, solid color leotard/tank/fitted t-shirt, black leggings, tights, bike shorts, or jazz pants, hair off of face.

North Studio Thursday 7:45-9:00 pm Ages 10-18

Member: \$275 / Non Member \$320

## **Contemporary/Lyrical**

### **Contemporary/Lyrical**

In this class, students will explore the expressive power of movement by learning how quality, motivation, and aesthetics mold and form dance. This class will be a rewarding challenge physically and mentally to take young dancers to the next level in their training.

DRESS CODE: Bare feet, dance paws, or cotton socks, leotard/tank/fitted t-shirt, black tights, leggings, bike shorts, jazz pants, or tan/flesh colored tights, hair off of face.

North Studio Tuesday 5:30-6:30pm Ages 10+

Students must be in Ballet II or higher, unless instructor otherwise approves.

Member: \$250 / Non Member \$295

#### Jazz

Learn this energetic dance style influenced by the exciting rhythm and technique of jazz music.

#### Jazz I/II

This fun class will highlight the fundamentals of jazz dance technique as a rhythmic, energetic dance style. Students will learn to memorize phrases in combinations and apply them to musical counts thus developing an understanding of musical phrasing and the special dynamics of jazz.

DRESS CODE: black jazz shoes, pale blue leotard or forest/hunter green leotard, black jazz pants, hair off of face (ponytail or bun).

North Studio Wednesday 4:30-5:30 pm Ages 7-12

Member: \$250 / Non Member \$295

## **Thodos Dance Chicago Youth Ensemble**

Members of the Youth Ensemble are given the extraordinary opportunity to perform in a pre-professional dance company. The choreography the Youth Ensemble performs is created exclusively for them by the critically acclaimed professional dancers and choreographers of Thodos Dance Chicago. The Youth Ensemble produces its own annual winter concert and also performs in various settings throughout Chicago during the year, including appearances with the professional dancers of Thodos Dance Chicago. Youth Ensemble members must be enrolled in two ballet classes and one modern class in the program (level determined by the YE directors). Youth Ensemble acceptance is by audition only (Saturday, August 27, 2016 10:00am - Noon). If interested, please contact Kate.Weatherly@ThodosDanceChicago.org

DRESS CODE: jazz shoes and ballet shoes, fitted dance wear- jazz pants, tights, dance shorts, tank tops, hair off of face. NO PAJAMAS or loose fitting clothing.

Youth Ensemble Monday, 7:15-8:15pm Thursday, 6:30-7:45pm Ages 10-18 Members ONLY: \$900

## **TDC Youth Dance Program 2016-2017 Schedule**

<sup>\*\*</sup>By teacher recommendation only

Monday		Tuesday	Wednesday	Thursday
North Studio	Fasseas	North Studio	North Studio	North Studio
		<b>Ballet II/III</b> 4:30 - 5:30 Ages 8 - 12	<b>Jazz I/II</b> 4:30 - 5:30 Ages 7-12	Ballet IV w/ Pre-
Ballet III/IV 5:45 - 7:00 Ages 11+		Contemporary/ Lyrical 5:30 - 6:30 Ages 10+	<b>Ballet I</b> 5:30 - 6:30 Ages 5-9	Pointe** 5:15 - 6:30 Ages 13-18 John/Jess
John/Jess  *Youth Ensemble Green	*Youth Ensemble Blue	^ Must be enrolled in Ballet II or higher.	Modern I/II 6:30 - 7:30pm Ages 7 - 12	*Youth Ensemble 6:30 - 7:45 Ages 10 - 18 John/Jess
7:15-8:15 Ages 10 - 18 John/Jess	7:15-8:15 Ages 10 - 18 John/Jess			Modern III/IV 7:45 - 9:00 Ages 13-18 Jess

<sup>\*</sup> By audition only